We appreciate the generosity of those who support Lakeview’s mission. It is truly with a thankful heart that we accept the following gifts and donations:

- Bequest in honor of a Will or Revocable Trust for a specific amount, for a percentage of the estate’s value, or from the residue of the estate
- Charitable Gift Annuity
- Charitable Remainder Trust
- Gift of Life Insurance
- Beneficiary Designation: IRA, 401k, CD, Other
- Gift of Appreciation Assets
- Other Cash & Monetary Donations

All gifts are tax deductible

FOR MORE INFORMATION CONTACT:
Lakeview Health Services Foundation
507-235-6606 ext. 249
610 Summit Drive
Fairmont, MN 56031
www.LakeviewMethodist.org

In this season of Thanksgiving and celebration, we are so deeply heartened and grateful to all of you for your love and concern for Lakeview and your support and encouragement as you share our vision for the future. Your generous and substantial gifts, whether a one-time contribution or a 3-5 year commitment, will make possible a new, inviting skilled care Center filled with amenities and the feeling of Home.

Lakeview became a reality over fifty years ago because of the philanthropy of the citizens of Fairmont and the greater Methodist district, so again these vital services of nursing care, short term rehabilitation, and caring Christian support are being seen as a priority by all of YOU.

Whether your gift for the coming 50 years has already reached us, or whether you are still contemplating your level of support for this mission, THANK YOU.

As well over 30% of Martin County blows out 65 candles, your selfless contribution will give the peace of knowing that loving care, nursing expertise, private rooms, church services, therapy activities, dining, shopping, cafe visiting and beautiful grounds are all available here, at home in Fairmont!

The Lakeview staff is always looking for new ways to serve residents, and the latest addition to our service offerings is WELLNESS.

Through our therapy company, Aegis, we now have a full-time Wellness Coordinator that will work with everyone on our campus, whether in skilled care, assisted living or independent living. Stay tuned for more as this service unfolds!!!
Halloween is one of our favorite days on campus. We invite children of the community to trick and treat with our residents and our employees dress up and join the fun.

Lakeview Spirit Week

We celebrated our first annual Lakeview Spirit Week in June. Staff were invited to dress up for different themed days throughout the week.

Annual Campus Gathering

Our campus welcomed our residents’ families to join us for pancakes. Wow! What a fun event. The old and young at heart always love a delicious pancake served with piping hot maple syrup. Yummy!!!

Music, laughter and smiles always come together during our campus entertainment events. Come and join us sometime.

The children of Building Blocks Learning Center and Child Care entertain us during the warm months with their many activities on the patio and in our dining room.

Jeannie Schultz was selected to represent Leading Age Minnesota in the category for “What if we were all more present with each other.”
Thank you to our nurse Rita Lenertz for being a part of the Lakeview family for 38 years.

Thank you to our nurse Martin Nowicki for your 15 years of unmatched caring, professionalism and integrity.

NURSING UPDATE

We continue to advance in our Sleep Study program. Recently we have integrated two more sleep watches with their permission, these watches sleep to track a resident’s sleep pattern for seven days. The watch will monitor activity, light, rest periods, and sleep periods. We can then analyze this data to look at the rest periods and monitor if light or activity is a problem. We are then able to make changes so the resident is more comfortable at night, which might allow less activity during their sleep period. By monitoring light while asleep we can check to see how many times the resident gets up and staff is using the light, or if the TV is left on adding too much light for a quality night sleep. Once a resident has worn the watch for seven days, we will look at all the interventions then circle back around in approximately 1 month to see if the sleep has improved.

Another new service for residents is the addition of a concierge on each floor. This concierge is available to assist residents with non-medical needs and requests, and to assist the care managers in tracking the order in which lights turn on by residents. Our goal with this endeavor is to respond to resident needs as quickly as possible.

The sleep graphs below show light in resident rooms (in yellow), body movement (in black) and sleep (in blue).

Bryon Nelsen
Director of Nursing

ADDRESSING THE GROWING NEED FOR CAREGIVERS IN MARTIN COUNTY

I am approaching my 35-year anniversary as a caregiver, and I can tell you that I love this career and I’m very happy I found it. This profession is not easy, but it is very rewarding.

Here in Martin County, our senior population is growing by leaps and bounds. Right now, 28 percent of adults in Martin County are age 65 or older. By 2030, that percentage will rise to 38 percent. This means there’s a real need for caregivers here, including where I work in Fairmont.

In many families in the Fairmont community, Mom and Dad are still living in their own home for financial reasons and because it’s where they’ve been for 50+ years. My own parents have lived in their own home for over 50 years and they are very content. They like their neighborhood and they have a lot of changes. They remember homes that once had families and now have been taken down. They remember when kids were out playing baseball and football, and they’ll tell you about one year when the neighborhood kids put on a parade for everyone.

My parents are still independent, but I’ve started to worry more about them as they’ve gotten older, like all adult children do.

For some families, an elderly relative may have progressed to the point where they can’t maintain their home. The family may want to move their loved one to an apartment where they can be around a more close-knit group of people. That’s where it’s beneficial to have senior living options – and that’s where caregivers step in. Some people are looking for long-term stays and some for short-term, but most need a level of support from trained senior care professionals.

To address the need for caregivers in Martin County and every county in Minnesota, we must be willing to try all the creative ways to recruit. I don’t think people totally know what caregiving is all about. If you don’t have a family member or know someone in this profession, it would be hard for you to know.

It’s also important that caregivers can have the chance to advance in their careers, like I did when I became a certified Health Support Specialist. It opens the door to many different aspects of the profession and acted as a springboard to new opportunities. Now, I want to continue my education to be a Licensed Practical Nurse (LPN) or RN, I can.

As a society, we must get rid of the old stigma that caregiving is basically bedpans – it’s not. It’s working with people, enjoying people and creating memories. When I see residents smile or laugh, it’s priceless.

Here at Lakeview, we now share our building with a childcare center, and it’s been so beneficial for everyone involved. One of our residents gets a certain time every day so she can be down at the front door to greet her “kiddos” as they walk in. One day, some of the kids came up to her floor. When the kids got off the elevator and saw this resident, they greeted her as “grandma” and called her by name. That’s precious – and just one example of the kinds of rewarding moments I witness every day as a caregiver.

The bottom line is, I love my job. I think the world of the staff I work with and consider them family, I love my residents. Having a personal connection with seniors is just so rewarding. I encourage anyone looking for a new career to give it a try.

Bryon Nelsen
Health Support Specialist

EMPLOYEE Spotlight

Although having worked in Nutritional Services at Lakeview for 36 years, starting her career in 1982, Meredith wanted to start earlier but could not because her sister worked in the department, and the rule at the time was no two members of the same family could work in one department.

Meredith started the day after her sister quit to go to nursing school! Meredith knows the true meaning of “getting to work early”, arriving for her shift at 4:30 a.m.! She prepares all residents’ snacks for the day and also creates the diet sheets that direct the meal choices for each resident. Meredith loves what she does and takes pride in doing it well. Her advice is always to “take your job seriously; do your best!”

Meredith enjoys spending time with her parents, her boyfriend, her son and sister. She recently lost her beloved Saint Bernard and misses him greatly!

For Lakeview residents! Thank you Meredith for your unwavering dedication.

Mike Maday
Health Support Specialist

Thank you to the nurse and for being a part of the Lakeview family for 38 years.

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Thank you to the nurse and for being a part of the Lakeview family for 38 years.
It is with sincere appreciation that we acknowledge these memorials and gifts received by Lakeview Health Services Foundation from May 30, 2018 through December 12, 2018.

**IN MEMORY:**
- June Russ: Wanda Johnson
- Karin Miller: Marylynn and Bob Steger, Robert Guney
- Arlene Schultz: Virginia Riekkola
- Esther Anderson: Charles and Sandra Dressen
- Evelyn McDonald: Charles and Sandra Dressen
- Dorothy Knick: Don and Marsha Atzenhoefer
- Martha Potter Scholl
- Cynthia Kluh: Don and Marsha Atzenhoefer
- Randy Quiring: Bob and Beverly Borbhardt
- Ruth Draut: Marilyn Wiker, Friends and Family of Ruth Draut, Martha Potter Scholl, Anna Bedford
- Virginia Chartoff: Don and Marsha Atzenhoefer
- Florence Pytleski: Helen Mosloski
- Neva Kallly: Judy Krahmer
- Lois Swenson: Don and Marsha Atzenhoefer
- Larry Theesfeld: Don and Marsha Atzenhoefer
- Luverne Hartmann: Don and Marsha Atzenhoefer
- Dorothy Knick: Eunice Barie
- Augusta Suesser: Lewis and Linda Anderson
- Mildred Hanlon: Joy Rachuy, Martha Potter Scholl, Mark and Susan Anderson, Martella Theobald, Michael and Jim Hokusans, Vener Murphy, Asia Droegemueller
- Helen Vondeling: Elesie Liske
- Roger Santon: Martha Potter Scholl, Ken and Joy Rachuy, Marian Johnson, Gary and Pamela Hill, Kathleen Mathiasen, Joseph and Joeine Ross
- Hazel Musser: Martha Potter Scholl, Deb Kroon
- Jack Potter: Martha Potter Scholl, Bradley Musser, Don and Marsha Atzenhoefer
- Mildred Slager: Mary Jo Motzen, Robert Gueny, Don and Martha, Atzenhoefer, Deb Kroon, Lorraine Ritter, Irena Buchmeier, Mimi and Beverly Brinkmier, Marlowe and Joan Potter, David and Mary Segar, Mark and Jake Ufer
- Deorene Plumhoff: Deb Kroon
- Jim Ferkins: Bruce and Bonnie Akerky
- Joseph and Mary Beth Kurzman, Jon and Cheryl Hipple
- Mona Ferkins: Bruce and Bonnie Akerky
- Angie Murphy: Gary and Grace Hazelton
- Carolyn Abele: Norma Gronewold, Steven and Detolla McInturff, Friends and Family, Jennifer Lee, Evelyn Altman, Thomas and Kathryn Hawkins
- Millie Black: Don and Marsha Atzenhoefer
- Cary Taylor: Janice Orsog
- Lois Niemierk: Norma Gronewold
- Hattie Lesch: Clarrel and Merle Kunz
- Gary Taylor: Kathryn H wastewater
- Marvin Larson: Jim and Ronda Cone
- Julia Coye: Tom and Kathryn Hawkins
- Deorene Plumhoff: Tom and Kathryn Hawkins
- Aisie Droegemueller: Brad Musser
- Hazel Musser: Jim and Ronda Cone
- Lois Niemierk: Don and Marsha Atzenhoefer, Dave and Karen Shumuki
- Kent Vanderhyden: Bob and Karen Shumuki
- Florence Pytleski: Dave and Karen Shumuki
- Mildred Haesby: Dave and Karen Shumuki
- Ardis Droegemueller: Tom and Kathryn Hawkins
- Lois Niemierk: Don and Marsha Atzenhoefer, Dave and Karen Shumuki
- Don and Marsha Atzenhoefer, Deb Kroon, Martha Potter Scholl, Elen Shetted: Dave and Karen Shumuki
- Lori Drake: David and Karen Shumuki
- Mildred Blancik: David and Karen Shumuki
- Mary Ann Harder: David and Karen Shumuki
- Elvis Simon: Daniel and Murie Kuenz
- In Kind:
  - Ann Vollbrecht
  - John Grotte
  - Susan Olson
  - Caroli Becker
  - Dennis Pytleski
  - Joy Rachuy
  - Bonnie Fastad
  - Keith Kosewski
  - Linda Zinger
  - Pauline Berg
  - Dale Spletter
  - Robert Murphy
  - Donation:
    - Target Employes
    - Urs Egenolff
    - United Methodist Women of Elmoro
    - Lois and Virginia Anderson
    - Ruth Draut
- DONATION: Doddie’s Carpent and Paints
- Bryan and Mary Beth Sweet
- Charitable Foundation
- First United Methodist Church of Windom
- Timber United Methodist
- Women
- Mary Jo Motzen
- Marlowe and Joan Potter
- Robert and Nancy Gunther
- Curtis Nelson
- Fred and Lorraine Carlson
- IN HONOR OF:
  - Carl Smith on Father’s Day: Karla Clark
  - Carl Smith’s 90th Birthday: Karla Clark
  - Larry Warner’s 90th Birthday: James Oberg
  - Lois Niemierk’s Birthday: Joy Rachuy
  - Craig and Valerie Niemierk

Hearts for the Holidays:

Lakesview will celebrate its 18th Annual “Hearts for the Holidays” this Christmas season. This special tribute is to past and present members of Lakesview’s family. We invite you to dedicate a “Hearts ornament” in memory, honor or as a tribute to someone special. The cherished ornaments will then decorate our giant 2 foot Christmas tree by the Chapel. A minimum donation of $30 per ornament is requested, proceeds from this year’s “Hearts for the Holidays” will go towards our new building which will include 85 skilled nursing home rooms, a new beauty shop, cafe, gift shop and town center.

Hearts for the Holidays:
- In Memory of Jim and Mona Ferkins from their family
- In Memory of Neda Zinneer from Jack Seiner
- In Memory of Tom and Ruth Anthony from Daniel and Bob Anthony
- In Memory of Harold and Mabel Dutilewche from Jeff and Sara Kineke
- In Memory of Edna Hansen from Judy Krahmer
- In Memory of Zona Kinnle from Doug Kinnle
- In Memory of Leo Brotsim from Aida Brosim
- In Memory of Lois Niemierk from Ken and Jan Rachuy
- In Memory of Mildred Haesby from Ken and Joy Rachuy
- In Memory of Howard Engsfield from Jean Engsfield
- In Memory of Wayne Lindell from Aline Lindell
- In Memory of Leo “Capie” Hall from his Wife, Kids and Grand
- In Memory of Fran McHernley from The McHernleys
- In Memory of Milla McHernley from The McHernleys
- In Memory of Lilla and Doris Whitehead from Bart and Lloyd Clemens
- In Memory of Lyle and Ruth Bramm from Wally and Ann Bramm
- In Memory of Allen and Alice Christiansen from Wally and Dale Bramm
- In Memory of Emma Thiel from Carol Ripley and Marlin Decker
- In Memory of Marlowe and Jean Potter from lamartine
- In Memory of Daness and Larry Lindell from lamartine
- In Memory of Dean Zinke from lamartine
- In Memory of Velma Blankman/Vickerman from lamartine
- In Memory of Mr. and Mrs. Charles Lindell from lamartine and Linda Lindell
- In Memory of Mr. and Mrs. Robert Stowe from lamartine and Linda Lindell
- In Memory of Bob Borowski from Pat Borowski
- In Memory of Martin and Marion Meyer from Don and Martha Atzenhoefer
- In Honor of Elizabeth Herrmann from Dorothy Richards
- In Memory of Ava Haeckel from Debbie and Mike Krukowski
- In Memory of Gerald (Ted) Iobbeng from Sylvia Iobben
- In Memory of Leland and Arda Varellin
- In Memory of Artie Alder from Bill Supalla
- In Memory of Virginia and Mike Draper from Faye Draper
- In Memory of Mary Gronewold from Norma Gronewold
- In Memory of Jennifer Altman from Jennifer Altman
- In Memory of Weimar Schultz from Joyce Schultz
- In Memory of Alice Schubert from Joyce Schultz
- In Memory of Wred Assistant Simons from Jerry and Joyce Simon
- In Memory of Nancy, John,虹 and Marion Schultze
- In Memory of Winfred Katzenberger from Bob and Connie Katzenberger
- In Memory of Elaine Beck from Burt Living Family
- In Memory of Alben Zimmermann from Del Barnett
- In Memory of Nora Zimmermann from Del Barnett
- In Memory of Sarah Barnett from Del Barnett
- In Memory of Frank & Lorraine Kosovich from Bruce Kosovich
- In Honor of Jake Fiedly from Jake Fiedly Family

**DONATION:**
- Lakeview Health Services Foundation
- 610 Summit Drive, Fairmont, MN 56031
- Phone: 507-235-6606
- Fax: 507-235-3995

**T.E.S.T.I.M.O.N.I.A.L.S**
- From Lakeview Residents & Their Families

How do we say Thank you to all of you that were involved in our rehab care? You made us feel at home, caring for us, as if we were a member of your family! God bless each and every one of you. We will miss the smiles and care.

Thank you for everything you did to facilitate our being able to have rehab at LHHC. It was a blessing to be so close to home. You went out of your way to make our stay wonderful, as everyone did that we worked with. (Social Services) was exceptional in their role, to advise us about the steps that needed to be taken. And (the nurses) went above and beyond to see that all our needs were met medically, especially with complications regarding the best care. We so appreciated all everyone did for us- but we glad we are both home now.Your PT and OT department helped us to this God! Bless you all.

Four year old Michael is hanging a “Hearts for The Holidays” ornament on our tree. He is a part of our Building Blocks Learning Center and Child Care. To remember your loved one with a “Hearts for The Holidays” ornament, please mail the completed from below:
- Wishing you and yours a blessed holiday season!
- Mae Detwiler-Aust, Foundation Coordinator
- 507-235-6606, Foundation@lakesviewhealth.com

- Please make checks payable to Lakeview Foundation, 610 Summit Drive, Fairmont, MN 56031
- The donation is:
  - In Memory:
  - In Honor:
  - In Celebration:
  - From:

 Celebration, Lakeview Health Services Foundation
- 610 Summit Drive, Fairmont, MN 56031
- Phone: 507-235-6606
- Fax: 507-235-3995
- www.LakeviewMethodist.org

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