Bob and Dorothy loved Fairmont. When Bob met Dorothy, she was a beautician and loved doing hair all of her life. In addition to being a business woman, Dorothy enjoyed the company of others, golfing and hosting family gatherings as often as she could. In Bob and Dorothy’s memory, Dot’s Salon will continue to be a serene, welcoming atmosphere for all, as Bob and Dorothy would so much approve of.

Looking to the future to better serve seniors, Lakeview Methodist Health Care Center is planning a leading edge senior community that will provide care for people well into the 21st century. This includes a focus on meeting the physical, emotional and spiritual needs of residents in a comforting atmosphere for their continued rehabilitation.

The DeWar family and friend’s gift greatly supports this effort with the transformation of the first floor salon for residents and the community.  It is truly with a thankful heart that we accept the following gifts and donations:

- Bequest in honor a Will or Revocable Trust for a specific amount, for a percentage of the estate’s value, or from the residue of the estate
- Charitable Gift Annuity
- Charitable Remainder Trust
- Gift of Life Insurance
- Beneficiary Designation: IRA, 401k, CD, Other
- Gift of Appreciation Assets
- Other Cash & Monetary Donations

All gifts are tax deductible

For more Information contact:
Lakeview Health Services Foundation
507-235-6606 ext. 249
610 Summit Drive
Fairmont, MN 56031
www.LakeviewMethodist.org

We appreciate the generosity of those who support Lakeview’s mission. It is truly with a thankful heart that we accept the following gifts and donations:

- Bequest in honor a Will or Revocable Trust for a specific amount, for a percentage of the estate’s value, or from the residue of the estate
- Charitable Gift Annuity
- Charitable Remainder Trust
- Gift of Life Insurance
- Beneficiary Designation: IRA, 401k, CD, Other
- Gift of Appreciation Assets
- Other Cash & Monetary Donations

All gifts are tax deductible

For more Information contact:
Lakeview Health Services Foundation
507-235-6606 ext. 249
610 Summit Drive
Fairmont, MN 56031
www.LakeviewMethodist.org

In our summer edition, Mae Dewar-Aust encouraged you to check out the website FaceAgingMN.org.

Several groups brainstormed about getting the word out that 60,000 Minnesotans are turning 65 every year, altering life as we know it, and thus created this website strictly devoted to getting our attention!

Mae also informed you that by 2030, just 13 short years away, 25% of Minnesota adults will be age 65 or older, and more than 50,000 of those will be 90 or older!

Now, what about Fairmont? Do these statistics apply to our vibrant and zealous community? Let us take a look at the numbers for the City of Fairmont and a ten-mile radius. According to CliftonLarsonAllen, LLP., in 2021 we will have 391 more households age 65 and over than we did in 2010....that is a 16.7% increase! (From 2,347 households to 2,738) This translates to 4,137 individuals over 65 by 2021. Also by 2021, 12% of that senior population will be comprised of those 75 years of age and older, compared to 6.8% for the entire state.

The projected decline of Fairmont’s population is 4.6% by 2021, while the state will experience a 7.5% increase in population.

Again, FaceAgingMN’s purpose is to put the facts in front of us so that we as a community have the details to make thoughtful, strategic, wise decisions in our future planning. The “aging” of our people does not change our vibrancy or zealousness, but it should give us pause as to how we approach almost everything!

FaceAgingMN has certainly helped Lakeview to look seriously at needed changes in service delivery, building functionality, amenities and staffing. It has made us see the importance of supporting each and every effort in our city to attract people to this great place. It has made us rethink how we can support our family of employees in their positions much past the age of 65! It has made us carefully seek scholarship and apprenticeship programs for our younger team members to keep them with us.

More than anything, it has made us see how we all need to work collaboratively, deliberately, and side by side.

Deb Barnes, Administrator

If you would like to know more about Lakeview Methodist Health Care Center’s upcoming project, we would be happy to visit with you and share our exciting plans. You can do so by contacting Mae Dewar-Aust at (507) 235-6606 ext. 229.

Blessings ~ Mae DeWar-Aust (Granddaughter of Bob and Dorothy) Foundation Director
Announcing Our 2017 Campus Valentine’s Royalty

The Kings and Queens were crowned on Valentine’s Day during a coronation ceremony held on our campus.

- Woodland Manor King and Queen: Marvin Uranto and Delores Splinter
- Lakeview King and Queen: Dee Jepsen and Jack Randall
- Maplewood King and Queen: Arlie and Jan Brucks

Continuing Education Welcomed On Our Campus

We would like to thank Don from Compassionate Care for his education on Hospice and the misconceptions it may carry.

Lakeview would also like to extend a warm “thanks” to all organizations willing to take the time to come on campus and educate our residents on a variety of important and interesting topics.

Employment Opportunities

Become a part of our Lakeview Family that takes great pride in caring for our residents.

Our facility maintains excellent staffing ratios. We offer a rewarding work environment with many attractive benefits.

Areas of employment include:
- Housing
- Nursing
- Dietary
- Housekeeping
- Laundry
- Maintenance
- Social Services
- Activities

Check our website www.lakeviewmethodist.org for current openings.

Visit Our “This & That”

Open Every Tuesday & Thursday

9 am - 3:30 pm

Light Noon Lunches (One specialty lunch item served each day)
- Cookies
- Bars
- Soft Serve Ice Cream (Variety of Toppings • Cones or Dishes)
- Gourmet Coffee
- Specialty Mochas & Cocoa
- Apple Cider
- Hot or Iced Tea
- Iced Coffee
- Lattes & More

Volunteer To Work In Our Gift Shop!
Open Every Tuesday & Thursday 9 am - 3:30 pm
Please contact Jessica Gronewald, Volunteer Coordinator at 507-235-6606, ext 243

Making Seniors’ Days Brighter

When asked about his favorite part of caregiving, Mike Maday pauses, “You want me to pick one?”

Mike Maday, a Care Manager at Lakeview Methodist Health Care Center, has been a caregiver for thirty years. Being faithful and humble in his work, and making residents smile and feel happy, are some of the things he enjoys about his profession. “I want to be an extended part of (their) family if I can. I don’t want (them) to feel like a stranger.”

Watching what his elderly family members were going through and wanting to help them inspired Maday to pursue a career caring for seniors, and he is always looking for ways to make care even better. “After a few years, you learn how to tweak a program to your liking, so you are able to do it better than when you first started.”

Mike says a challenging aspect of his job can be learning the necessities of new residents. “Sometimes at first (they are not) able to express what they want or need, until they get to know you.”

Being a caregiver has made Mike think of life and aging differently. “You don’t know what it’s like until you’ve experienced it. It’s not something that can be learned from a textbook on how it should be - a textbook can give you the basics of it, but as far as the knowing and the compassion of it, you have to be there and experience it yourself.”
Judy ALWAYS has the time of day for everyone she meets, willingly sharing her friendly smile, happy attitude, loving concern and positive outlook. She also literally has the time of day for everyone she meets ... always wearing one of her 68 wrist watches! Instead of a shoe closet, Judy has a “watch wall”.

Judy says she “loves life” and never has an idle moment. She is an avid gardener; she crochets, sews and bakes! Judy is an expert at Norwegian specialties, often freshly making them in Woodland Manor at Christmas time. Needle to say, the smell fills the air and the Woodland Manor residents have many visitors from the rest of the campus that day!!

Judy says about Lakeview, “I love the residents and my co-workers; it is just a nice place to work.” After 32 years here, she reminisces about how things have changed over the years, especially with the addition of new equipment to help residents stand and transfer.

Judy grew up in the Elmore Area, graduating in a class of 32 from Elmore High School.

Judy’s husband, children and grandchildren are her number one priority. They urged her to retire and she tried it, but it wasn’t for her. We are extremely glad that she continues to be a shining beacon at Lakeview.

Thank You, Judy!

Nursing Update From Bryon Nelsen

One of the things Lakeview is proud of is our collaboration with the community resources. Currently we are collaborating with Mayo Clinic Health System with a project to reduce Congestive Heart Failure re-admissions back to the hospital, while at the nursing home. We also work with many of the local primary care providers, eye doctors and dentists in our community. Right now we have four hospice agencies that we have contracts with. This helps the families and the nursing home with specialized care for not only end of life but life after their loved one passes. We also have Dr. Erbes doing monthly rounds as a podiatrist, from the Center for Specialty Care, and the therapy company Aegis.

Working with the resources within our community allows us to switch from the older nursing home enigma to the transitional care/acute care model that our community needs, along with the long term needs of our residents. We can provide short and long term care for families recovering from hospital stays. Along with helping people rehab and return to home or other living options such as independent living or assisted living that is available right here on our campus or in the community.

Lakeview is very proud of our staff. We have many staff members who have more than 20 years in their department. This allows us to have knowledge and experience for our newer staff as they begin their careers. We do everything we can to maintain our high star rating with staffing. Currently our staff to resident ratio is very strong compared to other areas of the state. We also work very closely with area colleges to have nursing students employed with us through our scholarship program. This also helps bring employees who are continuing their education to help with the cares of our residents.

Recently Deb Allen, LPN was nominated for Caregiver of the Year through Leading Age Minnesota. Deb is one of the examples of a long time dedicated employee. She currently works the overnight nurse line on second floor and will often pick up extra shifts in the evenings and make sure everything is going smoothly prior to leaving when the morning crew comes on. She, along with other staff, is very passionate about her position and the residents she cares for.

Lakeview also is working with Leading Age Minnesota to promote the Health Support Specialist program (HSS). This is a certification that a staff member earns once going through college courses and internship type hours. This is offered to all employees, however, you must have a current Certified Nurse Aide certification (CNA). This program interacts with other facilities throughout the state, and has a community type feel for the students in the program where they can use each other as resources. Currently we have one student enrolled in the program. Mike Maday who has been with Lakeview for thirty years, is excited to bring back his new-found knowledge to help our staff and residents.

Bryon Nelsen, Director Of Nursing
It is with sincere appreciation that we acknowledge these memorials and gifts received by Lakeview Health Services Foundation from December 6, 2016 - March 31, 2017

IN MEMORY:
Annabelle Marple: 
Mary Schultze

IN HONOR:
Diane and Jo Smith's 65th Anniversary: 
George and Shannon Deer

DONATION:
United Methodist Women of Park Place

IN KIND:
Jolette Tanker
Del & Dave Kroon
Rudy Trice

Hearts for the Holidays:
Diane Allen in memory of 
Rudy Tonne (Miss you Dad)
Josh Allen in memory of 
Grandpa Rudy Tonne 
(Miss you)
Jack and Joyce Schultz in memory of 
Hulda and Boexie Schultz
Jack and Joyce Schultz in memory of 
Beverly and Verni Axline
Anita Engel Malon in memory of 
Esther Egel
Anita Engel Malon in memory of 
Percy Egel
Anita Engel Malon in memorial of 
Pat Huse
Leone Kukweeney in memory of Selma Elk

Meet Our Housekeeping and Laundry Staff

Donna Becker
Maria Croy
Tina Kuenle
Marlene Olson
Connie Pygman
Phyllis Rosch
Carrie Schaub
Mary Schoenert
Kari Volk

Lakeview Methodist Health Services

610 Summit Drive, Fairmont, MN 56031
Phone: 507-235-6606
Fax: 507-235-3995
www.LakeviewMethodist.org

Dear Lakeview Staff:

My name is Diane Firkins Johanssen and I live in Jacksonville, Florida. My mom, Ramona (Mona) Firkins was a Lakeview resident from January through February of this year. Mom was healthy and vibrant living at home with my dad, Jim Firkins, until November 2016. She was diagnosed with a debilitating disease. My siblings and I knew mom needed a new home, as this would be her last before going to Heaven. We desired a place where she would find professional and respectful care. We wanted mom to receive compassion, empathy, gentleness, nurturing, and a sense of family. Mom had that at Lakeview and so much more.

The day I talked to Elaine in Social Services, she told me they had immediate openings, I knew Lakeview was mom’s miracle and ours. From those staff working from the basement to the third floor, my mom received such kind and courteous care. The third floor caregivers and nursing staff quickly became our family members. They not only provided competent care, they went beyond and held her hand and gave us hugs. When we decided to admit mom to hospice at Lakeview we were quickly amazed at the speed and proficiency of the hospice nurses along with her third floor staff. Mom wanted for nothing, except a new body. With the staff, hospice, chaplains, and her pastor mom accepted her disease process and was ready to go home to Heaven, and she did February 26, 2017.

My dad, Jim, also came to Lakeview in February to join mom and spend her last days by her side. He had the same wants and needs as mom, but his physical abilities are still intact. While missing Ramona, his wife of 66 years, he has made friends, eats well, goes to chapel services and the gospel music services. Our dad even likes Bingo - never did before! We feel that dad is now living for himself and our mom. He has a new zest and enthusiasm for life. Dad and the four of us even likes Bingo - never did before! We feel that dad is now living for himself and our mom. He has a new zest and enthusiasm for life. Dad and the four of us

~ Diane Firkins

Lakeview would like to sincerely thank Diane and her family for their kind words towards all our staff and for all of the hand written cards delivered so lovingly to us. It is our pleasure to practice our mission for Ramona and Jim Firkins and all the families whose lives we have the pleasure of touching. Our Mission is to demonstrate God’s love for His people through life enhancing supportive services for older adults and their families.

~ Rachel Spencer, HR Director