



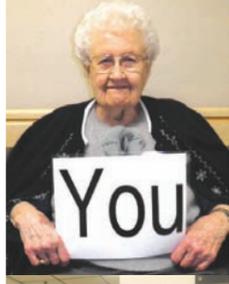
♥ Health Care Center

♥ Woodland Manor

♥ Maplewood Residence



We appreciate the generosity of those who support Lakeview's mission. It is truly with a thankful heart that we accept the following gifts and donations:



- Bequest in honor a Will or Revocable Trust for a specific amount, for a percentage of the estate's value, or from the residue of the estate



- Charitable Gift Annuity
- Charitable Remainder Trust
- Gift of Life Insurance
- Beneficiary Designation: IRA, 401k, CD, Other



- Gift of Appreciation Assets
- Other Cash & Monetary Donations

All gifts are tax deductible



**FOR MORE INFORMATION CONTACT:**

**Lakeview Health Services Foundation**  
507-235-6606 ext. 249  
610 Summit Drive  
Fairmont, MN 56031  
www.LakeviewMethodist.org

## Thank You Schmeckle Foundation



We would like to thank the Schmeckle Foundation for ALL that you provide! We are so very thankful and fortunate to be awarded with another grant from your foundation. The grant will ensure that vital kitchen upgrades can be made in order for us to continue providing meals to all of our Campus Residents, Senior Dining, Hot Meals on Wheels, Head Start, and Building Blocks Learning Center & Child Care.

Summer 2017

Fairmont's Most Complete Senior Health Care Campus

# HOME WITH Lakeview

*Our mission* is to demonstrate God's love for His people through life enhancing supportive services for older adults and their families.

## Lakeview Project Moving At Full Speed



**Deb Barnes**

It is now summer road construction time. I am always frustrated when I see that dreaded sign: **DETOUR AHEAD**. It, of course, does not mean I will not reach my destination, it just means I will get there via a different route than the one I had planned, and a little later than I had hoped.

In much the same way, our Lakeview building project hit an unplanned detour in 2016, when our campaign specialist sadly experienced a health issue that lingered for many months.

Now about a year behind our original timeline, Mae DeWar-Aust, our Foundation Director is once again engaged with new campaign specialists, and they have already met with many community members, board members, residents and staff.

With new eyes helping us, we are taking some time to redevelop our plan for this important and necessary campaign.

Over the past two months, a study was completed to reassess our constituency's level of philanthropic interest both in our organization and our current project's needs, as well as capacity for campaign leadership. The results of this study were positive and encourages us to advance our project and campaign without any more delay.

This green light means we will be diligently working through about a seven-step process over the next ten months to advance our project. We look forward to sharing more with you and thank you for your support throughout this journey.

Our passion for care will never change, but our environment has to change from our present 1960's institutional model to a warmer, more inviting and more comfortable state of the art environment.

Yes our campaign has taken a detour, but it is alive and well and moving forward.

Deb Barnes, Administrator



Visit Our "This & That"

COFFEE & GIFT SHOP

Open Every Tuesday & Thursday 9:00 am - 3:30 pm



Jessica & Glenda invite you to dine in the Lakeview Campus Coffee Shop



### ~MENU~

Light Noon Lunches  
(One specialty lunch item served each day)

Cookies

Bars

Soft Serve Ice Cream  
(Variety of Toppings • Cones or Dishes)

Gourmet Coffee

Specialty Mochas & Cocoa

Apple Cider

Hot or Iced Tea

Iced Coffee

Lattes & More

Make A Lunch Date With Us!

## Generations Come Together For Activities

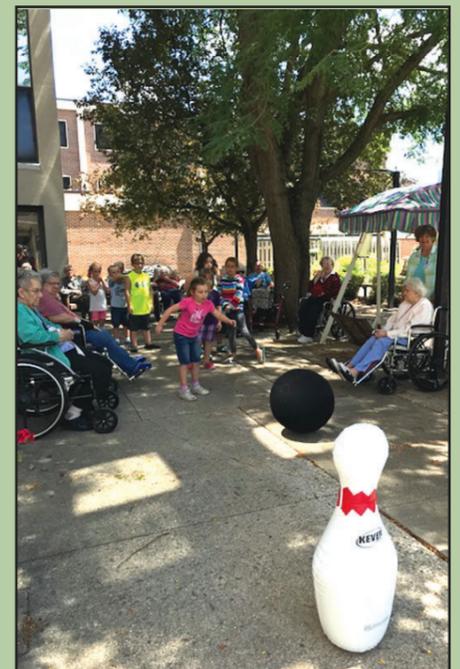


Residents at Lakeview Methodist Health Care Center are able to interact with the children of Building Blocks Learning Center & Child Care.

Brooke Wohlrahe, Photographer

When Building Blocks Child Care & Learning Center opened their doors here at Lakeview in June, we knew the opportunity for both the children and our residents to enjoy each other was such a blessing. Daily, residents sit with the children on the patio and watch them play. The children give activity demonstrations to the residents and line the walls with their artwork. The residents enjoy watching the children parade up and down the hallways singing their favorite nursery rhymes. Recently, the children joined the residents for their weekly Bingo games, ice cream treats and outside bowling. This was a huge hit with both the kids and the residents!

**We here at Lakeview feel SO blessed to have Building Blocks call our campus home!**



### BUILDING BLOCKS LEARNING CENTER & CHILD CARE

## Building The Foundation For Your Child's Future.

Building Blocks Learning Center & Child Care exists to provide a safe, developmentally appropriate environment for infants, toddlers, preschool and school age children. Our focus is to provide a stimulating early care and education experience which promotes each child's social/emotional, physical and cognitive development.

Our Center's focus is on the individual needs of each child. Each child is considered unique in temperament and rate of development. Curriculum is planned to enhance and challenge individual needs, interests and abilities. Activities and relationships occur in a healthy, positive and relaxed environment where well-qualified staff provide personal attention, guidance and nurturing to each child.

Building Blocks Learning Center strives to maintain continuity and consistency throughout the program and to encourage children to be life-long learners.

For more information go to [www.buildingblocks-fmt.org](http://www.buildingblocks-fmt.org) or see our FaceBook page

## Nursing Update From Bryon Nelsen

Lakeview Methodist is excited to work closely with the Minnesota Department of Health on a new PIP project. The Performance-based Incentive Program (PIP) is a project that Lakeview is looking to start before the end of the 3rd quarter of 2017.

Our main focus is towards bettering our residents sleep to provide overall higher quality of rest for our residents. This type of sleep study has been successful throughout other nursing homes in the nation and Lakeview wants to be one of the first in our area to complete the program successfully and change how our residents sleep.



Bryon Nelsen

The PIP will allow Lakeview to purchase things such as sleep monitors, special night time lights and education to aid our facility in this project. This is an exciting step on transitioning Lakeview into its next chapter. By practicing and promoting quality sleep, it has proven to help reduce falls, fatigue and improve overall health of residents. One of the ways is to not promote residents to wake during their night time sleep cycles. We will continue to encourage residents to sleep until the time they want to get up, and work with the physicians to not wake residents in the middle of the night for them to take medications, have their blood drawn, etc.

Bryon Nelsen,  
Director Of Nursing



## Include Elderly Loved Ones In Your Travel

The summer season can be hard on some of our residents with families who travel. Residents would love to be able to go on vacation with their families and spend quality time with them and not feel left out.

If you can pick up grandma or grandpa or a friend at the nursing home, stop by and ask them if they'd like to go for a car ride or out for lunch. Some residents who used to farm love to go out to the countryside to look at the crops and see the baby animals. That way they're able to touch base with their roots, their upbringing, and spend the quality time with their loved ones.

Recently, one of my residents told me her son and daughter-in-law stopped and spent the whole day with her, which was the first time they had been able to see each other in quite some time. She said they were able to reminisce about their past, talk about the future, and talk about the grandkids. Just being able to have some quality time with her family members is something that left her feeling energized and refreshed.

I understand the way the economy is now and how lifestyles have changed so much over the years makes it hard for people to be with their elderly loved ones sometimes. But with modern technology such as smartphones and the videos you can make, you can bring your family right into a resident's room where they can feel right at home. Whether you are sharing pictures from a vacation or a wedding that took place, it's a perfect opportunity to let them experience it also.

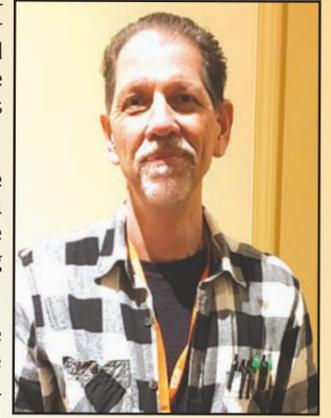
One of my residents talks to her little grandson over FaceTime. She says although she's not right there with him, they can see each other and talk with each other and it's the next best thing.

Besides a visit or an outing, if you're able to bring your loved one a small token of appreciation or gift from your vacation, or give them a call or send them a postcard while you're traveling, it means so much.

Mike Maday, Care Manager

## Leading Age Advantage's Star Of The Quarter: Mike Maday

Mike Maday, a Care Manager at Lakeview Methodist Health Care Center in Fairmont, has been a caregiver for more than 30 years. This year, he added a new role to his career – blogger. Mike is one of the dedicated caregiving professionals who contributes a regular blog post to Face Aging MN.



Mike Maday

Face Aging MN, a joint initiative of LeadingAge Minnesota and Care Providers of Minnesota, is a statewide campaign to raise awareness about the issues that accompany the reality of a rapidly aging society.

Mike first got involved with Face Aging MN at the 2017 LeadingAge Minnesota Institute & Expo, where a representative from the campaign interviewed a few Health Support Specialists to identify potential bloggers for a new feature of the campaign: highlighting and elevating the profession of caregiving.

Mike's experience, dedication to caregiving and commitment to ensuring a high quality of life for those he serves made him a natural fit to write blog posts for Face Aging MN. Since March, he has shared his perspectives on his favorite part of caregiving, the value of listening in caregiver and going the extra mile to provide person-centered care.

"You don't know what it's like (to be a caregiver) until you've experienced it. It's not something that can be learned from a textbook on how it should be - a textbook can give you the basics of it, but as far as the knowing and the compassion of it, you have to be there and experience it yourself," Mike told Face Aging MN.

We appreciate Mike sharing his voice with Face Aging MN, and the contribution he is making to help us in our quest to elevate the honored profession of caregiving.

This article originally appeared in Advantage, a newsletter from LeadingAge Minnesota.

## World Traveler Lands CNA Job

Ati Anderson has been working at Lakeview Methodist Health Care Center in Fairmont for three years, but prior she had literally been all around the world.

Ati was born and raised in Bali, Indonesia. She met her husband there and the two began traveling.

The couple settled in Fairmont when their daughter began attending college at Minnesota State-Mankato six years ago. The family had been here before as Ati's husband is originally from Fairmont.

"It was kind of a culture shock when I moved here," Ati explained. "I was far from my family and the first few years here I thought, 'What should I do?' I would go up to Mankato to visit my daughter and I began working some at Giddy Up (downtown in Fairmont) to help my friend Denise."

Ati's husband was a personnel manager for Club Med for many years, which is why the family traveled so much. Club Med's headquarters is in France.

"We spent so much time in Paris, always going back to check in, I feel like it's a second home for me," Ati said.

In addition to living in Paris, other places the Andersons have lived include Thailand, Florida, Morocco, Sweden and the Bahamas. Wherever the family has lived, they have stayed at Club Med.

Ati has worked several jobs in the past. She has worked as a secretary at different places, finding a job wherever the family is stationed at the moment. She has worked as an assistant food and beverage manager for Club Med, and also at a few boutiques, as she loves fashion.

Taking a job as a care provider at Lakeview Methodist in Fairmont was outside of Ati's comfort zone.



"I saw many listings in the paper for CNAs but I didn't know what that was so I looked it up and wasn't too interested," she said. "But my husband encouraged me to look into it. He loves education and learning. He signed me up to take the course and after earning my certificate I didn't apply for a job for several months, but now I've been here for three years."

Ati said being a care provider is not for everyone, as it is work that is physically and emotionally involved.

Ati was young when her own father and grandparents passed away so she didn't really understand. She helped take care of her husband's parents, which was eye-opening for her.

"I get touched very fast by the people here. They welcome me and smile when I walk in and it makes my day," Ati said of why she enjoys working at Lakeview.

"This job is not always easy. You have to work as a team and support each other," she explained, adding that she is grateful for her co-workers.

"It's hard work but it's important to know that you have to work with your heart here. That is key," Ati said.

Ati's mother and much of her family still live in Bali so she goes back to visit from time to time. She is not sure where the future will take her. Her daughter lives in Mankato but Ati and her husband may see more traveling in their future.

"I've always loved to travel. The rest of my family wasn't like that, just me. I've always liked to see new places," she explained.

Brooke Wohlrabe Sentinel Staff Writer

## Monthly Church and Worship Opportunities



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		10:00 Bible Study on 2nd floor 11:00 Daily Devotional on 3rd floor	9:00 Bible Study at Maplewood 10:30 Daily Devotional on 2nd floor 10:45 on 3rd floor 1:30 Bible Study at Woodland Manor	10:00 Bible Study on 3rd floor	10:00 Catholic Communion 3:00 St. James Lutheran Service	
10:15 Multi-Denominational Campus Worship Service Lakeview Chapel		9:30 St. John UCC and 1st Congregational Service 10:00 Bible Study on 2nd floor 11:00 Daily Devotional on 3rd floor 2:00 United Methodist Church of Fairmont Service	9:00 Bible Study at Maplewood 10:30 Daily Devotional on 2nd floor 10:45 on 3rd floor 1:30 Bible Study at Woodland Manor	9:30 Grace Lutheran Service 10:00 Bible Study on 3rd floor	10:00 Catholic Communion 3:00 St. Paul's Lutheran of Wilbert Service	
10:15 Multi-Denominational Campus Worship Service Lakeview Chapel		10:00 Bible Study on 2nd floor 11:00 Daily Devotional on 3rd floor	9:00 Bible Study at Maplewood 10:30 Daily Devotional on 2nd floor 10:45 on 3rd floor 1:30 Bible Study at Woodland Manor	10:00 Bible Study on 3rd floor 2:30 Bethel Free Bible Study and Communion	10:00 Catholic Communion 3:00 Immanuel Lutheran Service	
10:15 Multi-Denominational Campus Worship Service Lakeview Chapel		10:00 Bible Study on 2nd floor 11:00 Daily Devotional on 3rd floor	9:00 Bible Study at Maplewood 10:30 Daily Devotional on 2nd floor 10:45 on 3rd floor 1:30 Bible Study at Woodland Manor	10:00 Bible Study on 3rd floor	10:00 Catholic Mass 3:00 St. Paul's Lutheran of Fairmont Service	
10:15 Multi-Denominational Campus Worship Service Lakeview Chapel		10:00 Bible Study on 2nd floor 11:00 Daily Devotional on 3rd floor				St. John's UCC: Once per month Methodist Communion: Once per month Bethel Communion: Once per month Breakfast w/ Chaplain Bruce Koskovich: Sunday - Thursday

# BECAUSE OF *You*

It is with sincere appreciation that we acknowledge these memorials and gifts received by Lakeview Health Services Foundation from April 1, 2017 - August 1, 2017

**IN MEMORY:**

**Margaret Meier:**  
Elizabeth and Richard Buckman  
Charles Johnson  
Lyle and Carol Busch  
Dean Johnson  
Douglas and Joanne Mair  
Wendy Johnson  
Bruce and Dianne Mair  
Jean Guyse  
Mr. and Mrs. Gary Langer  
Jim and Kay Johnson  
Friends and Family of Margaret Meier  
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**Bill Billett:**  
Kathleen Lloyd  
Kathlyn Billett  
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Tom Hawkins  
**Renatta Benck:**  
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**Joel Grefe:**  
Larry and Donna Maday  
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Joseph and Jolene Rosol  
Ruth True  
**Lowell Wohlhuter:**  
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Charles and Pat Schultz  
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Dr. Duane and Shirley Jordison  
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**Luella Waskosky:**  
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Dru Egeness  
Sheryl Krohn  
First United Methodist Church of Windom  
Van DeWar  
United Methodist Women of Heron Lake  
Jean LeMaire  
Board of Trustees for Schmeckle Grant  
Target Employees

## Employment Opportunities

Become a part of our Lakeview Family that takes great pride in caring for our residents.

Our facility maintains excellent staffing ratios. We offer a rewarding work environment with many attractive benefits.

Areas of employment include:

- Housing • Nursing • Dietary
- Housekeeping
- Laundry • Maintenance
- Social Services • Activities

Check our website [www.lakeviewmethodist.org](http://www.lakeviewmethodist.org) for current openings.

## Staff Recognition

This spring and summer brought many opportunities for recognition of our amazing staff.

**National Nurses Week • May 6 - May 13**  
**Homes For The Aging Week • May 14 - May 21**  
**Certified Nursing Assistant Week • June 5 - June 22**



## Meet Our Lakeview Board of Directors

**Brad Musser**  
President

**Courtney Cutler**  
Vice President

**Vicki Paskey**  
Secretary/Treasurer

Darin Haugen  
Tom Hawkins  
Jerry Evelsizer  
Nancy Nordstrom  
Dr. John Lund  
Les Anderson

## We Have Moved!

Visit Our New Office On The Second Floor Of Lakeview Methodist Health Care Center, Room 261

### CREST FOR YOU!

Caregiver Support Groups,  
Better Living Classes For Seniors, Home Helper Services & Transportation Assistance

We would like to express our deepest gratitude to Lakeview Methodist Health Care Center for housing the CREST offices since 2002. They have been helpful in making sure we have what we need and assisting us in every way possible.

Recently, our CREST offices were moved from one room to another in the building and the maintenance crew did a wonderful job in getting the move done in a short amount of time. We so appreciate all they do for us.

**Rob Stauter,**  
CREST Staff and the Board Of Directors



Rob Stauter, CREST Executive Director



Call for more information or to arrange services  
507-235-3833



610 Summit Drive,  
Fairmont, MN 56031  
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