



- ♥ Health Care Center
- ♥ Woodland Manor
- ♥ Maplewood Residence



We appreciate the generosity of those who support Lakeview's mission. It is truly with a thankful heart that we accept the following gifts and donations:

- Bequest in honor a Will or Revocable Trust for a specific amount, for a percentage of the estate's value, or from the residue of the estate
- Charitable Gift Annuity
- Charitable Remainder Trust
- Gift of Life Insurance
- Beneficiary Designation: IRA, 401k, CD, Other
- Gift of Appreciation Assets
- Other Cash & Monetary Donations

All gifts are tax deductible

FOR MORE INFORMATION CONTACT:

Lakeview Health Services Foundation
507-235-6606 ext. 249
610 Summit Drive
Fairmont, MN 56031
www.LakeviewMethodist.org



Our mission is to demonstrate God's love for His people through life enhancing supportive services for older adults and their families.



Deb Barnes
Executive Director



In this season of Thanksgiving and celebration, we are so deeply heartened and grateful to all of you for your love and concern for Lakeview and your support and encouragement as you share our vision for the future. Your generous and substantial gifts, whether a one-time contribution or a 3-5 year commitment, will make possible a new, inviting skilled care Center filled with amenities and the feeling of Home.

Help Us Reach Our Vision *for the Future*

Lakeview became a reality over fifty years ago because of the philanthropy of the citizens of Fairmont and the greater Methodist district, so again these vital services of nursing care, short term rehabilitation, and caring Christian support are being seen as a priority by all of **YOU**.

Whether your gift for the coming 50 years has already reached us, or whether you are still contemplating your level of support for this mission, **THANK YOU**.



As well over 30% of Martin County blows out 65 candles, your selfless contribution will give the peace of knowing that loving care, nursing expertise, private rooms, church services, therapy activities, dining, shopping, cafe visiting and beautiful grounds are all available here, at home in Fairmont!



CAMPUS WELLNESS

The Lakeview staff is always looking for new ways to serve residents, and the latest addition to our service offerings is **WELLNESS**.

Through our therapy company, Aegis, we now have a full-time Wellness Coordinator that will work with everyone on our campus, whether in skilled care, assisted living or independent living.

Stay tuned for more as this service unfolds!!!



Shawn Jensen
Wellness Coordinator



Kelly Matheson
Physical Therapist Site Manager



Some of the ladies from Maplewood Residence enjoy an exercise class with Shawn.



Woodland Manor resident Darla Grefe walking the campus with Kelly.

CAMPUS HAPPENINGS



Halloween is one of our favorite days on campus. We invite children of the community to trick and treat with our residents and our employees dress up and join the fun.



LAKEVIEW SPIRIT WEEK



We celebrated our first annual Lakeview Spirit Week in June. Staff were invited to dress up for different themed days throughout the week.



ANNUAL CAMPUS GATHERING

Our campus welcomed our residents' families to join us for pancakes. Wow! What a fun event. The old and young at heart always love a delicious pancake served with piping hot maple syrup. Yummy!!!



CAMPUS ENTERTAINMENT

Music, laughter and smiles always come together during our campus entertainment events. Come and join us sometime.



Fun For All

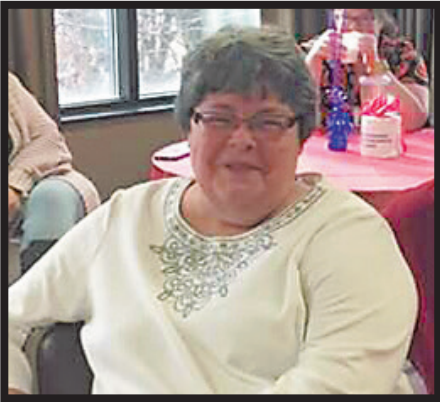
The children of Building Blocks Learning Center and Child Care entertain us during the warm months with their many activities on the patio and in our dining room.



Taking in the sun. Thanks to Let's Go Fishing.

Jeannie Schultz was selected to represent Leading Age Minnesota in the category for "What if we were all more present with each other."

Thanks for Caring!



Thank you to our nurse
Rita Lenertz
for being a part of the
Lakeview family
for 38 years.



Thank you to our nurse
Martin Nowicki
for your 15 years of unmatched
caring, professionalism
and integrity.

EMPLOYEE Spotlight



Meredith Maday

Although having worked in Nutritional Services at Lakeview for 36 years, starting her career in 1982, Meredith wanted to start earlier but could not because her sister worked in the department, and the rule at the time was no two members of the same family could work in one department.

Meredith started the day after her sister quit to go to nursing school! Meredith knows the true meaning of “getting to work early”, arriving for her shift at 4:30 a.m.! She prepares all residents’ snacks for the day, and also creates the diet sheets that direct the meal choices for each resident. Meredith loves what she does and takes pride in doing it well. Her advice is always to “take your job seriously; do your best!”

Meredith enjoys spending time with her parents, her boyfriend, her son and sister. She recently lost her beloved Saint Bernard and misses him greatly!

Meredith grew up in Fairmont, and never left because she became so attached to Lakeview! She cannot think of anything more important than making life better for Lakeview residents! Thank you Meredith for your unwavering dedication.

Monthly Church and Worship Opportunities



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|-----|--|---|---|---|-----|
| | | 10:00 Bible Study on 2nd Floor 11:00 Daily Devotional on 3rd Floor | 9:00 Bible Study at Maplewood 10:30 Daily Devotional on 2nd Floor 10:45 on 3rd Floor 1:30 Bible Study at Woodland Manor | 10:00 Bible Study on 3rd Floor | 10:00 Catholic Communion 3:00 St. James Lutheran Service | |
| 10:15 Multi- Denominational Campus Worship Service Lakeview Chapel | | 9:30 St. John UCC and 1st Congregational Service 10:00 Bible Study on 2nd Floor 11:00 Daily Devotional on 3rd Floor 2:00 United Methodist Church of Fairmont Service | 9:00 Bible Study at Maplewood 10:30 Daily Devotional on 2nd Floor 10:45 on 3rd Floor 1:30 Bible Study at Woodland Manor | 9:30 Grace Lutheran Service 10:00 Bible Study on 3rd Floor | 10:00 Catholic Communion 3:00 St. Paul's Lutheran of Wilbert Service | |
| 10:15 Multi- Denominational Campus Worship Service Lakeview Chapel | | 10:00 Bible Study on 2nd Floor 11:00 Daily Devotional on 3rd Floor | 9:00 Bible Study at Maplewood 10:30 Daily Devotional on 2nd Floor 10:45 on 3rd Floor 1:30 Bible Study at Woodland Manor | 10:00 Bible Study on 3rd Floor 2:30 Bethel Free Bible Study and Communion | 10:00 Catholic Communion 3:00 Immanuel Lutheran Service | |
| 10:15 Multi- Denominational Campus Worship Service Lakeview Chapel | | 10:00 Bible Study on 2nd Floor 11:00 Daily Devotional on 3rd Floor | 9:00 Bible Study at Maplewood 10:30 Daily Devotional on 2nd Floor 10:45 on 3rd Floor 1:30 Bible Study at Woodland Manor | 10:00 Bible Study on 3rd Floor | 10:00 Catholic Mass 3:00 St. Paul's Lutheran of Fairmont Service | |
| 10:15 Multi- Denominational Campus Worship Service Lakeview Chapel | | 10:00 Bible Study on 2nd Floor 11:00 Daily Devotional on 3rd Floor | Fairmont United Methodist Church Bible Study Every Tuesday St. John's UCC: Once per month Methodist Communion: Once per month Bethel Communion: Once per month Breakfast w/Chaplain Bruce Koskovich: Sunday-Thursday | | | |

NURSING UPDATE

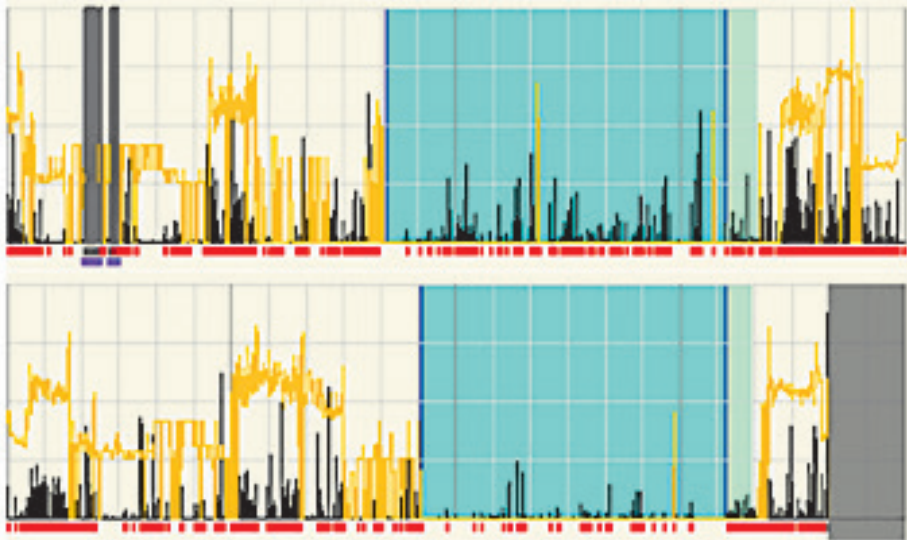
We continue to advance in our Sleep Study program. Recently we have integrated two new sleep watches. With their permission, these watches allow us to track a resident's sleep pattern for seven days. The watch will monitor activity, light, rest periods, and sleep periods. We can then analyze this data to look at the rest periods and monitor if light or activity is a problem. We are then able to make changes so the resident is more comfortable at night, which might allow less activity during their sleep period. By monitoring light while asleep we can check to see how many times the resident is getting up and staff is using the light, or if the TV is left on adding too much light for a quality night sleep. Once a resident has worn the watch for seven days, we will look at all the interventions then circle back around in approximately 1 month to see if the sleep has improved.

Another new service for residents is the addition of a concierge on each floor. The concierge is available to assist residents with non-medical needs and requests, and to assist the care managers in tracking the order in which lights are turned on by residents. Our goal with this endeavor is to respond to resident needs as quickly as possible.

The sleep graphs below show light in resident rooms (in yellow), body movement (in black) and sleep (in blue).



Bryon Nelsen
Director of Nursing



ADDRESSING THE GROWING NEED FOR CAREGIVERS IN MARTIN COUNTY

Posted on 09/06/2018 by Face Aging MN, ~ Mike Maday, Lakeview HSS

I'm approaching my 35-year anniversary as a caregiver, and I can tell you that I love this career and I'm very happy I found it. This profession is not easy, but it is very rewarding.

Here in Martin County, our senior population is growing by leaps and bounds. Right now, 28 percent of adults in Martin County are age 65 or older. By 2030, that percentage will rise to 38 percent. This means there's a real need for caregivers here, including where I work in Fairmont.

In many families in the Fairmont community, Mom and Dad are still living on their own for financial reasons and because it's where they've been for 50+ years. My own parents have lived in their own home for over 50 years and they are very content. They like their neighborhood and have seen a lot of changes. They remember homes that once had families and now have been taken down.

They remember when kids were out playing baseball and football, and they'll tell you about one year when the neighborhood kids put on a parade for everyone.

My parents are still independent, but I've started to worry more about them as they've gotten older, like all adult children do.

For some families, an elderly relative may have progressed to the point where they can't maintain their home. The family may want to move their loved one to an apartment where they can be around a more close-knit group of people. That's when it's beneficial to have senior living options – and that's where caregivers step in. Some people are looking for long-term stays and some for short-term, but most need a level of support from trained senior care professionals.

To address the need for caregivers in Martin County and every county in Minnesota, we must be willing to be creative about ways to recruit. I don't think people totally know what caregiving is all about. If you don't have a family member or know someone in this profession, it would be hard for you to know.

It's also important that caregivers have the chance to advance in their careers, like I did when I became a certified Health Support Specialist. It opened my eyes to many different aspects of the profession and acted as a springboard to new opportunities. Now, if I want to continue my education to be a Licensed Practical Nurse (LPN) or RN, I can.

As a society, we must get rid of the old stigma that caregiving is basically bedpans – it's not. It's working with people, enjoying people and creating memories. When I see residents smile or laugh, it's priceless.

Here at Lakeview, we now share our building with a childcare center, and it's been so beneficial for everyone involved. One of our residents gets up a certain time every day so she can be down at the front door to greet her “kiddos” as they walk in. One day, some of the kids came up to her floor. When the kids got off the elevator and saw this resident, they greeted her as “grandma” and called her by name. That's precious – and just one example of the kinds of rewarding moments I witness every day as a caregiver.

The bottom line is, I love my job. I think the world of the staff I work with and consider them family. I love my residents. Having a personal connection with seniors is just so rewarding. I encourage anyone looking for a new career to give it a try.



Mike Maday
Health Support
Specialist

Become A Part Of Our Lakeview Family

NEW STARTING WAGES

• RN.....\$26 Hour

• LPN.....\$20 Hour

• CNA.....\$14 Hour

(Additional Experience Pay Given)

Shift Differentials For Evenings & Nights



Sign On
Bonus For
Eligible
Nursing
Employees

Full Benefits Package Available Including: Health, Dental, Matching 403b Retirement, Company Paid Life Insurance, Vacation And Sick Pay, Colonial And Aflac.

Full Tuition Scholarship And Tuition Assistance
Available To Eligible Nursing Employees.

Visit Our Website To Apply Or Call Director Of Nursing Bryon Nelsen
bryon.nelsen@lakeviewmethodist.com EEO/AA

BECAUSE OF *You*

*It is with sincere appreciation that we acknowledge
these memorials and gifts received by
Lakeview Health Services Foundation from
May 30, 2018 through December 12, 2018*

IN MEMORY:
June Russ: Wanda Johnson
Kirstin Miller: Marlys and Bob Steger,
Roben Guerry
Arlene Schultz: Virginia Riedesel
Esther Anderson: Charles and Sandra Dressen
Evelyn McDonald: Charles and Sandra Dressen
Dorothy Krick: Don and Marsha Atzenhoefer,
Martha Potter Scholl
Cynthia Klug: Don and Marsha Atzenhoefer
Randy Quiring: Bob and Beverly Borchardt
Ruth Draut: Marilyn Krieger, Friends and
Family of Ruth Draut, Martha Potter Scholl,
Anne Bedford
Virginia Charlton: Don and Marsha Atzenhoefer
Florence Pytleski: Helen Mosloski
Neva Kelly: Judy Krahmer
Lois Swenson: Don and Marsha Atzenhoefer
Larry Theesfield: Don and Marsha Atzenhoefer
Luverna Hartmann: Don and Marsha
Atzenhoefer
Dorothy Krick: Eunice Barke
Augusta Stusse: Lewis and Linda Anderson

Mildred Hanlon: Joy Rachuy, Martha Potter Scholl,
Mark and Susan Anderson, Marcella Theobald,
Melanie and Joel Hokanson, Helen Murphy,
Ardis Brolsma
Helen Vanderploeg: Eloise Lidke
Roger Saxton: Martha Potter Scholl, Ken and
Joy Rachuy, Marian Johnson, Gary and
Pamela Hill, Kathleen Mathiason, Joseph
and Jolene Rosol
Hazel Musser: Martha Potter Scholl, Deb Kroon
Jack Potter: Martha Potter Scholl,
Bradley Musser, Don and Marsha Atzenhoefer
Marlys Steger: Mary Jo Moltzen, Roben Guerry,
Don and Marsha Atzenhoefer, Deb Kroon,
Lorraine Reiter, Irene Buchmeier, Merle and
Beverly Brinkman, Marlowe and Jean Potter,
David and Mary Segar, Mark and Julie Ufer
Delores Plumhoff: Deb Kroon
Jim Ferkins: Bruce and Bonnie Ankeny,
Joseph and Mary Beth Kurtzman,
Jon and Cheryl Rippke
Mona Ferkins: Bruce and Bonnie Ankeny
Angie Murphy: Gary and Grace Haeckel

Carolyn Abel: Norma Gronewold, Steven and
Donna McMurtry, Friends and Family,
Janette Loe, Evelyn Altman, Thomas and
Kathryn Hawkins
Millie Blanck: Don and Marsha Atzenhoefer
Cary Taylor: Janice Oberg
Lois Neinker: Norma Gronewold
Hattie Lesch: Darrel and Muriel Klenz
Cary Taylor: Kathleen Lloyd
Marvin Larson: Jim and Ronda Cone
Julia Coyle: Tom and Kathryn Hawkins
Delores Splinter: Tom and Kathryn Hawkins
Ardis Droeemueller: Brad Musser
Hazel Musser: Jim and Ronda Cone,
Eunice Barke
Lois Neinker: Don and Marsha Atzenhoefer,
Dave and Karen Shumski
Helen Vanderploeg: David and Karen Shumski
Florence Pytleski: David and Karen Shumski
Mildred Hanslon: David and Karen Shumski
Arlene Schulz: David and Karen Shumski
Lois Shelsted: David and Karen Shumski
Lori Dreke: David and Karen Shumski

Mildred Blanck: David and Karen Shumski
Mary Ann Harder: David and Karen Shumski
Elsie Simon: Darrel and Muriel Klenz

IN KIND:
Ann Vollbrecht
John Grotte
Susan Olson
Carol Becker
Dennis Pytleski
Joy Rachuy
Bonnie Fjelstad
Keith Korolewski
Linda Zingler
Pauline Bergt
Dale Splinter
Robert Murphy

DONATION:
Target Employees
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Les and Virginia Anderson
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DONATION:
Doolittle's Carpet and Paints
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Trimont United Methodist
Women
Mary Jo Moltzen
Marlowe and Jean Potter
Robert and Nancy Gunther
Curtis Nelson
Fred and Lorraine Carlson

IN HONOR OF:
Carl Smith on Father's Day:
Karla Clark
Carl Smith 90th Birthday:
Karla Clark
Larry Warriner's 90th Birthday:
Janice Oberg
Lois Nienkerk's Birthday:
Joy Rachuy,
Craig and Valorie Nienkerk

Celebrating Our 18th Annual Hearts for the Holidays

Lakeview will celebrate the 18th Annual "Hearts for the Holidays" this Christmas season. This special tree is a tribute to past and present members of Lakeview's family. We invite you to dedicate a "heart ornament" in memory, honor or as a tribute to someone special. The cherished hearts will then decorate our giant 12 foot Christmas tree by the Chapel.

A minimum donation of \$30 per ornament is requested, proceeds from this year's "Hearts for the Holidays" will go towards our new building which will include 85 skilled nursing home rooms, a new beauty shop, cafe, gift shop and town center.



*18th Annual
Hearts For
The Holiday
Tree*

*Thank you for
celebrating the
past & present
members of our
Lakeview
Family!*

Hearts for the Holidays:

In Memory of Jim and Mona Ferkins from their family
In Memory of Nelda Zimmer from Jack Zimmer
In Memory of Tom and Ruth Anthony from
Darwin and Bev Anthony
In Memory of Harold and Mabel Dufelmeier from
JR and Jane Kotewa
In Memory of Edna Hansen from Judy Krahmer
In Memory of Zona Krinke from Doug Krinke
In Memory of Leo Brolsma from Ardis Brolsma
In Memory of Lois Nienkerk from Ken and Joy Rachuy
In Memory of Mildred Hanlon from Ken and Joy Rachuy
In Memory of Howard Engquist from Joan Engquist
In Memory of Wayne Lindell from Arlene Lindell
In Memory of Lee "Crapaw" Hall from
his Wife, Kids and Grands
In Memory of Fran McNerney from The McNerneys
In Memory of Millie McNerney from The McNerneys
In Memory of LM and Doris Whitehead from
Barb and Lloyd Clemmensen
In Memory of Lyle and Ruth Bremer from
Wayne and Gail Bremer
In Memory of Allen and Alice Christensen from
Wayne and Gail Bremer
In Memory of Emma Thate from Carol Ripley and
Marlene Olson
In Memory of Merlin Waterbury from Delores Waterbury
In Memory of Ronald Anderson from Allene Anderson
In Memory of Lenny and Doris Harloff from Bobbi Guerry
In Memory of Kirstin Miller from Bobbie Guerry
In Memory of Marcellus Robert Lennon from
Barb Seewald
In Memory of Marcellus Theodore Nawrocki from
Barb Seewald
In Memory of Ruth Drat from Pat and Ann Bedford
In Memory of James Blinkman from
Velma Blinkman/Vickerman
In Memory of Mr and Mrs. Charles Lindell from
Dennis and Barbara Lindell
In Memory of Mr. and Mrs. Robert Sloan from
Dennis and Barbara Lindell
In Memory of Bob Borowski from Pat Borowski
In Memory of Melvin and Marion Meyer from
Don and Marsha Atzenhoefer
In Honor of Elizabeth Herrmann from Dorothy Richards
In Memory of Iva Haeckel from Debby and Mike Krumholz
In Memory of Gerald (Ted) Isenberg from Sylvia Isenberg
In Memory of Loved Ones from Ken and Anita Tumbleson
In Honor of Arlene Alm from Bill Supalla
In Memory of George and Mike Draper from Faye Draper
In Memory of Max Gronewold from Norma Gronewold
In Memory of Welmer Schultze from Joyce Schultze
In Memory of Adela Schultze from Joyce Schultze
In Memory of Willard A. Simon from Jerry and Joyce Simon
In Memory of Myrtle Johanneck from Bob and Connie Katzenberger
In Memory of Winifred Katzenberger from Bob and Connie Katzenberger
In Memory of James Scholl from Your Loving Family
In Memory of Albert Zimmermann from Deb Barnes
In Memory of Nora Zimmermann from Deb Barnes
In Memory of Sarah Barnes from Deb Barnes
In Memory of Frank & Lorraine Koskovich from Bruce Koskovich
In Honor of Jake Fretty from Jake Fretty Family

Four year old Michael is hanging a "Hearts For The Holidays" ornament on our tree. He is a part of our Building Blocks Learning Center and Child Care.

To remember your loved one with a "Heart for the Holidays" ornament, please mail the completed form below:

Wishing you and yours a most blessed holiday season!

Mae DeWar-Aust, Foundation
507-235-6606 Foundation@Lakeviewmethodist.com

Please make checks payable to Lakeview Foundation,
610 Summit Drive, Fairmont, MN 56031
The donation is:

• In Memory: _____
• In Honor: _____
• In Celebration: _____
From: _____

CAMPUS TESTIMONIALS From Lakeview Residents & Their Families

How do we say Thank you to all of you that were involved in our rehab care? You made us feel at home, caring for us, as if we were a member of your family! God bless each and every one of you. We will miss the smiles and care.

Thank you for everything you did to facilitate our being able to have rehab at LMHC. It was a blessing to be so close to home. You went out of your way to make our stay wonderful, as everyone did that we worked with. {Social Services} was exceptional in their role, to advise us about the steps that needed to be taken. And {the nurses} went above and beyond to see that all our needs were met medically, especially with complications regarding the best care. We so appreciated all everyone did for us- but am glad we are both home now. Your PT and OT department helped us to do this! God bless you all.



*Lakeview
Methodist
Health Services*

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Fairmont, MN 56031
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